

Containing Covid:

perspectives from women in Dublin with
extended experiences of homelessness

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Irish Homelessness in Figures

- 150% increase in households in emergency accommodation
- June '14 - June '19

(O'Sullivan 2020)

- 8,132 people in emergency accommodation - June '21

(Focus Ireland 2021)

- 42% homeless adults are women - September '21

(MQI 2021)

Covid Response

- Accommodation
- Testing and shielding units
- Harm reduction
- Vaccination hubs

Harm reduction in the time of COVID-19: Case study of homelessness and drug use in Dublin, Ireland



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ABSTRACT

Dublin appears to have performed very well as compared to various scenarios for COVID-19 mortality amongst homeless and drug using populations. The experience, if borne out by further research, provides important lessons for policy discussions on the pandemic, as well as broader lessons about pragmatic responses to these key client groups irrespective of COVID-19. The overarching lesson seems that when government policy is well coordinated and underpinned by a science-driven and fundamentally pragmatic approach, morbidity and mortality can be reduced. Within this, the importance of strategic clarity and delivery, housing, lowered thresholds to methadone provision, Benzodiazepine (BZD) provision and Naloxone availability were key determinants of policy success. Further, this paper argues that the rapid collapse in policy barriers to these interventions that COVID-19 produced should be secured and protected while further research is conducted.

Introduction

There is a well recognised crossover between homelessness and substance dependence. It was recognised early on in the COVID-19 Pandemic that both homeless and drug-using populations were particularly vulnerable to the effects of coronavirus infection. This is due to the high morbidity burden of these populations; the poor living conditions they experience and their lack of access to health services (Alexander, Stoller, Haffajee & Saloner, 2020; Baggett et al., 2020; Dubey et al., 2020; Kar et al., 2020; López-Pelayo et al., 2020; Marsden et al., 2020; McCann Pineo & Schwartz, 2020; Mosites et al., 2020; Ornell et al., 2020; Reece, 2008; Tobolowsky et al., 2020; Volkow, 2020). For example, Albon et al. feared the congregated nature of hostels could result in 100% transmission rates (Albon, Soper & Haro, 2020). Tobolowsky et al. noted how in a previous SARS-CoV-2 epidemic homeless people were found to suffer an excess burden of infection and warned that interrupting transmission in congregated homeless accommodation was difficult to achieve (Tobolowsky et al., 2020). It was also presumed that there would be increased usage of drugs and higher rates of overdose during the pandemic (Palmer et al., 2012).

When the COVID-19 pandemic reached Dublin, homeless people were therefore identified as a particularly vulnerable group due to their morbidity profile, living conditions and drug use behaviour. A key element of the health services' strategy to protect homeless people from

dependency towards maintenance therapy; and the home delivery of prescription drugs (like methadone and BZDs). Prior to COVID-19 all of these policy choices were limited by regulatory obstacles and uncertain political will. This paper suggests that the response to the COVID-19 pandemic has demonstrated some of the unnecessary obstacles placed ahead of potentially lifesaving treatments. Further it argues that the COVID-19 policy response has only served to reiterate the value and logic of harm reduction-based drug policies. The purpose of this policy briefing is to outline and explore the Dublin experience and to consider the future policy implications.

The onset of COVID-19 in Ireland

On December 31st, 2019, China alerted the World Health Organisation (WHO) to several cases of unusual pneumonia in Wuhan, a port city in the central Hubei province. In February 2020, the WHO officially named this new Coronavirus 'COVID-19' and on 11th March 2020 the WHO declared the COVID-19 outbreak a pandemic. On 12th March 2020 schools in Ireland closed to help reduce the spread of COVID-19. Five days later, on 17th March, Taoiseach Leo Varadkar addressed the nation stating that, 'Never will so many ask so much of so few.' (Bray, 2020) referring to the people on the front line of the response to COVID-19 in Ireland. Ten days later, on 27th March, at midnight, further restrictions

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Covid-19 a 'hidden opportunity' for homeless services

Pandemic has brought rough sleepers in from the cold, Peter McVerry head says

🕒 Thu, Apr 1, 2021, 18:45

Updated: Thu, Apr 1, 2021, 19:14

Jack Power

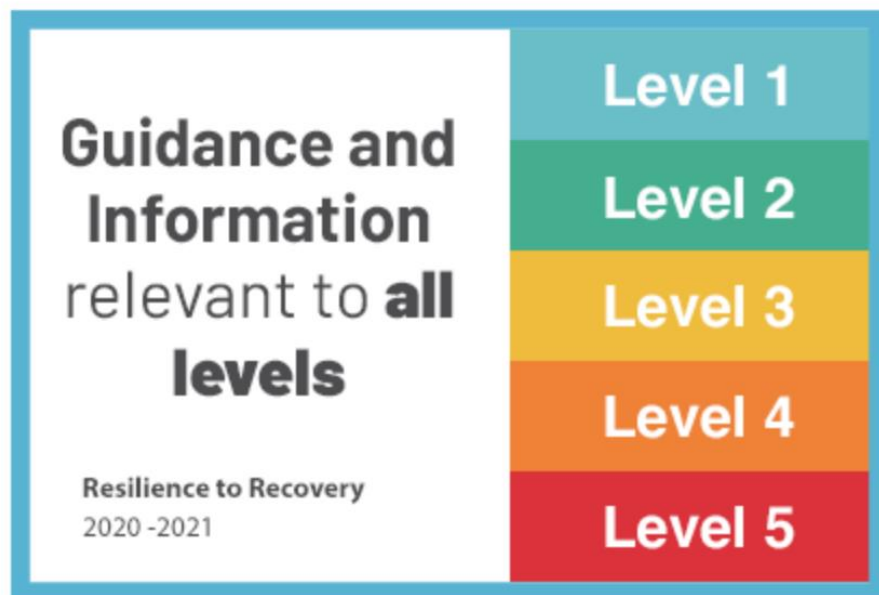


Information and advice for **Tusla** staff

COVID-19

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“Look, we’re all going to die. When God wants to take you, he’ll take you. So why are you worried?”

RESEARCH

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Making sense of street chaos: an ethnographic exploration of homeless people's health service utilization



Austin O'Carroll^{1*} and David Wainwright²

Internalised barriers were identified which were in nature, either cognitive (fatalistic, denial, deferral to future, presumption of poor treatment or discrimination, self blame and survival cognitions) or emotional (fear; embarrassment, hopelessness and poor self-esteem).

doctors. A critical-realist approach was adopted for interpretation of the data.

Results: Homeless people tended to present late in their illness; default early from treatment; have low usage of primary-care, preventative and outpatient services; have high usage of Emergency and Inpatient services; and poor compliance with medication. They tended to avoid psychiatric services. A number of external barriers were identified. These were classified as physical (distance) administrative (application process for medical care; appointments; queues; the management of addiction in hospital; rules of service; and information providing processes); and attitudinal (stigma; differing attitudes as to appropriate use of services. A new form of barrier, Conversations of Exclusion was identified and described. Internalised barriers were identified which were in nature, either cognitive (fatalistic, denial, deferral to future, presumption of poor treatment or discrimination, self blame and survival cognitions) or emotional (fear; embarrassment, hopelessness and poor self-esteem). Generative mechanisms for these factors were identified which either affected participants prior to homelessness (marginalization causing hopelessness, familial dysfunction, substance misuse, fear of authority, illiteracy; mental health; and poor English) or after becoming homeless (homelessness; ubiquity of premature death; substance misuse; prioritization of survival over health; threat of violence; chaotic nature of homelessness; negative experiences of authority; and stigma.

Conclusions: An explanatory critical realist model integrating the identified generative mechanisms, external and internalised barriers was developed to explain why the Health service Utilization of homeless people differs from the domiciled populations. This new model has implications for health service policy makers and providers in how they design and deliver accessible health services to homeless people.





“I thought it would help me with my access visits”

Conclusions

1. Motherhood is a major orienting force in homeless women's lives
2. Engagement with services is sometimes considered as a means of protecting the mothering relationship
3. Decisions around service engagement do not necessarily indicate trust

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